

# SNOW SPORTS PACKING LIST

*Essential items that are easy to forget... Save time and money!*

APPAREL	2-4 DAYS	5-7 DAYS	BENEFITS
<input type="checkbox"/> Jackets (insulated or shell)	1	1-2	Outermost Layer: Protects you from snow, wind and rain to keep you warm and dry. Look for technical features and fabrics to assist in regulating your body temperature.
<input type="checkbox"/> Bib/Pant (insulated or shell)	1	1-2	
<input type="checkbox"/> Ski Sweater	1-2	2-3	Mid Layers: The insulating layer. Look for technical materials that allow moisture transfer and temperature regulation.
<input type="checkbox"/> Fleece Top & Bottom	1-2	2-3	
ESSENTIALS	2-4 DAYS	5-7 DAYS	BENEFITS
<input type="checkbox"/> Base Layer (thermal)	2-3	3-4	Worn directly next to your skin to wick moisture away from the body keeping you dry and warm. No cotton.
<input type="checkbox"/> Sock Liners	2-3	3-5	Next to skin wicks moisture away from your feet keeping you dry and warm.
<input type="checkbox"/> Glove Liners	1-2	2-3	Wicks away moisture from hands, protects from cold when removing gloves. Provides additional layer for warmth.
<input type="checkbox"/> Turtlenecks	2-3	3-4	Second Layer: Look for technical fabric to wick moisture. Keeps cold from going down your collar.
<input type="checkbox"/> Socks	2-3	3-5	Wicking & insulating properties keep feet warm & dry. Strategically placed cushion padding for maximum comfort & performance.
<input type="checkbox"/> Gloves / Mittens	1-2	2-3	Hands are the hardest part of the body to keep warm. Proper fit & waterproofing keeps your fingers warm.
<input type="checkbox"/> Hat / Headband	1-2	2-3	85% of your body heat escapes from the top of your head.
<input type="checkbox"/> Neck Gator / Face Mask	1-2	2-3	Seal in body warmth on your neck, face and mouth with soft neck gaitors or face masks.
<input type="checkbox"/> Helmet and Helmet Liner	1	1	Protects against head injuries and in case of injury, may reduce severity. Keeps you warm.
<input type="checkbox"/> Goggles (case / anti-fog)	1	2-3	Protects eyes from sun glare, snow/wind while highlighting objects/terrain. Keeps your face protected and warm. Double lenses for no fog.
<input type="checkbox"/> Sunglasses (and glass retainers)	1	1	Protects your eyes from the intense sun glare while highlighting objects & terrain. Keep glasses on with retainers.
<input type="checkbox"/> After Ski Boots	1 pair	1 pair	Keeps you comfortable, warm and dry when you are not skiing.
<input type="checkbox"/> Lip Balm / Sunscreen	1	1-2	Skin protection prevents skin problems/damage due to extreme weather.
<input type="checkbox"/> Hand and Toe Warmers	3-4	5-7	Up to 10 hrs. of warmth; place 1 in each pocket, glove or shoe. Make your skiing experience more enjoyable!
<input type="checkbox"/> Altitude Sickness Pills	1 package	2 packages	Helps you adapt to high elevations.
LUGGAGE/BAGS	2-4 DAYS	5-7 DAYS	BENEFITS
<input type="checkbox"/> Ski/Snowboard Bag	1	1	Protects your skis and snowboard and also gives you extra packing areas for other gear.
<input type="checkbox"/> Boot Bag	1	1	The most convenient & easy way to travel with boots. Also a great place to store socks, goggles, hats, etc.
<input type="checkbox"/> Wheeled Luggage or Duffel	1	1	Ski/Snowboard apparel is big & bulky. Large rolling luggage is a must for travel.
<input type="checkbox"/> Pack-It Folders, Cubes	2	2	Using pack-it folders & cubes increases luggage space by 25%.
COMFORT/CONVENIENCE	2-4 DAYS	5-7 DAYS	BENEFITS
<input type="checkbox"/> After Ski Gloves	1	1	Helps keep your hands warm after a long day of skiing – your other gloves may be wet.
<input type="checkbox"/> Boot Warmer & Dryer	1	1	Removes moisture from your boots for a dry day of skiing the slopes. Use overnight.
<input type="checkbox"/> Ski Lock	1	1	Secure your ski/snowboard equipment. Make sure they are still there after lunch!
<input type="checkbox"/> Walk Aids/Cat Tracks	1	1	Protect the bottom of your boots and prevent slipping while walking from the parking lot.
<input type="checkbox"/> Footbeds	1	1	Provides extra support & performance along with added comfort throughout the day! A necessity for ski and snowboard boots.
<input type="checkbox"/> Swimsuit & Flip Flops	1	1-2	Be prepared to jump into that heated pool at the resort or the condo with your friends/family.
<input type="checkbox"/> Hydration Pack (insulated)	1	1	Keep hydrated to avoid altitude sickness.
EQUIPMENT	2-4 DAYS	5-7 DAYS	BENEFITS
<input type="checkbox"/> Skis, Boots, Bindings, Poles	1 pair	1 pair	Why rent? Own your own equipment. Have an associate assist you with determining the best gear for you to maximize comfort and performance.
<input type="checkbox"/> Snowboard, Bindings, Boots	1	1	